

Buffalo Runners

25th Annual

6 HOUR DISTANCE CLASSIC

WHEN: Starts Sunday, April 23, 2023 at 8:00 A.M.

WHERE: Amherst Bike Path at Northtown Center, 1615 Amherst Manor Drive, Williamsville, NY (South-east of the UB Amherst Campus). Take I 290 to exit 5B, exit north on Millersport Highway (SR-263) for 1 mile. At the Coventry road stoplights turn right onto Amherst Manor Drive, and then immediately left into the Northtown Center parking lot.

WHAT: Run or walk as far as you can for up to 6 hours. Concurrent BQ marathon. Timing ends at 2:00 P.M. (6 hours). Partial laps after 3pm are estimated if the lap is completed. Chip timing.

COURSE: 5k certified(3.11mi) scenic loop, P-shaped, 100% traffic free.
USATF-certified: loop NY23006JJ, half-marathon NY23008JJ, marathon NY23007JJ

AID STATION: Located at the start/finish/turn-around (every 5km/3.11 miles), with electrolyte drinks, soda, water, cookies, bananas, pretzels, etc. The aid station is open for the entire race. Pizza will be delivered halfway through.

AWARDS: Top male and female (most distance, fastest marathon, fastest half marathon – no repeat awards) Medals to all finishers.
Results will be posted on the web, including BuffaloRunners.com

RACE REGISTRATION and NUMBER PICK-UP:
Sunday, April 23rd, 2023, 7:00-7:45 A.M.

REGISTRATION FEE: \$10 U.S. Ages 13 and under, and ages 70 and over
\$40 U.S. Ages 14-69 prior to April 23rd, 2023
\$45 U.S. Ages 14-69 on race day



For additional info, email Sarah or Charles Anderson: committedaf@gmail.com

Make checks payable to: **Score This Timing, LLC** Mail to: **Score This - 128 Genesee St, Lockport, NY 14094**

Last Name First Name MI

Number and Street

Town / City State Zip Code

Phone Number Age on Apr 23, 2023 Male/Female

Release: In consideration of your accepting my entry and permitting me to attend or participate therein, I intend to be legally bound hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may now or in the future have against Committed Athletic Family, BuffaloRunners.com, USATF, the Town of Amherst, or their representatives, agents, members, organizers, volunteers, subcontractors of this event or assigns for any and all losses and/or injuries from competing in or attending said run. I verify that I am physically fit, and have trained sufficiently for this race.

Participant's Signature _____ Date _____

Parent / Guardian _____ Date _____
(if participant is under age 18)