

# Buffalo Runners

25<sup>th</sup> Annual

## 6 HOUR DISTANCE CLASSIC

**WHEN:** Starts Sunday, April 23, 2023 at 8:00 A.M.

**WHERE:** Amherst Bike Path at Northtown Center, 1615 Amherst Manor Drive, Williamsville, NY (South-east of the UB Amherst Campus). Take I 290 to exit 5B, exit north on Millersport Highway (SR-263) for 1 mile. At the Coventry road stoplights turn right onto Amherst Manor Drive, and then immediately left into the Northtown Center parking lot.

**WHAT:** Run or walk as far as you can for up to 6 hours. Concurrent BQ marathon. Timing ends at 2:00 P.M. (6 hours). Partial laps after 3pm are estimated if the lap is completed. Chip timing.

**COURSE:** 3.25 mile certified scenic loop, P-shaped, 100% traffic free.  
USATF-certified: loop NY13040JG, half-marathon NY13041JG, marathon NY13042JG

**AID STATION:** Located at the start/finish/turn-around (every 3.25 miles), with Gatorade, soda, water, cookies, bananas, pretzels, etc. The aid station is open for the entire race. Pizza will be delivered halfway through.

**AWARDS:** Top male and female (most distance, marathon, half marathon – no repeat awards)  
Medals to all finishers.  
Results will be posted on the web, including BuffaloRunners.com

**RACE REGISTRATION and NUMBER PICK-UP:**  
Sunday, April 23<sup>rd</sup>, 2023, 7:00-7:45 A.M

**REGISTRATION FEE:** \$10 U.S. Ages 13 and under, and ages 70 and over  
\$40 U.S. Ages 14-69 prior to April 23<sup>rd</sup>, 2023  
\$45 U.S. Ages 14-69 on race day



For additional info, email Sarah or Charles Anderson: [committedaf@gmail.com](mailto:committedaf@gmail.com)

Make checks payable to: **Score This Timing, LLC** Mail to: **Score This - 128 Genesee St, Lockport, NY 14094**

\_\_\_\_\_  
Last Name First Name MI

\_\_\_\_\_  
Number and Street

\_\_\_\_\_  
Town / City State Zip Code

\_\_\_\_\_  
Phone Number Age on Apr 23, 2023 Male/Female

**Release:** In consideration of your accepting my entry and permitting me to attend or participate therein, I intend to be legally bound hereby for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may now or in the future have against Committed Athletic Family, BuffaloRunners.com, USATF, the Town of Amherst, or their representatives, agents, members, organizers, volunteers, subcontractors of this event or assigns for any and all losses and/or injuries from competing in or attending said run. I verify that I am physically fit, and have trained sufficiently for this race.

Participant's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent / Guardian \_\_\_\_\_ Date \_\_\_\_\_  
(if participant is under age 18)